

The logo features the word "FIGHT" in black on a yellow background with blue dots, and "FLU" in blue below it.

**FIGHT
FLU**

PROTECT YOURSELF and your
LOVED ONES this flu season

- ▶ The flu vaccine is a safe, effective way to help people stay healthy, prevent illness and save lives.
- ▶ The vaccine is offered through public health clinics across the province, some physician and nurse practitioner offices and in local pharmacies. The shot is available at no charge to people with a valid Saskatchewan Health Card.
- ▶ Anyone six months and older can receive the flu vaccine and is encouraged to get vaccinated early in the season. Children 0-5 years must be vaccinated at a public health clinic.
- ▶ Getting immunized is especially important for pregnant women, young children, seniors and people with underlying health conditions.

Lumsden Elementary School

(200 Broad St.)

November 7, 2019

3:00 pm - 7:00 pm

Please...

- ❖ *Bring your Saskatchewan Health card*
- ❖ *Wear short sleeves*

Clinics start October 21. A complete listing of flu clinics offered by the Saskatchewan Health Authority can be easily accessed at www.4flu.ca or by calling HealthLine 811.



saskhealthauthority.ca



Saskatchewan
Health Authority

Saskatchewan!